

In support of cancer awareness and treatment

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2013 Celebrate Life Event



I seem to recall starting each report on the *Celebrate Life* event held every February with something like “what a lovely day it was” or words to that effect – but honestly, that is precisely how the day was. Lovely!

Every year, the Twakutukuza Trust (Twa Trust) hosts an event dubbed *Celebrate Life* just to love on and pamper women that are either undergoing cancer treatment or have just concluded treatment in the past year. The women are asked to come along with a lady friend who has walked the journey with them – could be a sister, a treatment partner, daughter or close friend. Out of the 17 ladies invited only two could not make it due to unavoidable circumstances.



This year's event took place on February 16th 2013 at the Kingdom Business Network grounds, a lovely place with lots of natural greenery. GeoJoy Tents and Events added to the beauty with the lovely colours used to



dress the tents and chairs. David Makuyu of Kipawa Music kept us entertained with lovely music as the 30 guests went from booth to booth where they enjoyed makeovers – hair styling, head massage, manicure and pedicure from Ashley's Hair & Beauty Academy, makeup from Muthoni Njoba and her friends, and the opportunity to purchase some African jewellery from Deborah Githinji. At the end of it, Studio Shutterspeed took glamour shots of each lady and her friend. These were framed on site and given as gifts from Twa to each person who attended. In addition, each lady was given a motivational book authored by Doris Mayoli, founder of Twakutukuza Trust, as well as a bracelet specially designed by Deborah Githinji. Three ladies were lucky enough to win lovely wigs from Nempiris while a fourth won a





bracelet from Twa Trust courtesy of Deborah. Gourmet Lynk were on site to keep us fortified with tea and snacks. We also had Mrs. Mwiti available to give advice on healthy products sourced from Forever Living. Our MC, Mwendwa Mbugua, together with Waithera Kibinda helped move things along

smoothly. As a special treat, Mrs. Terry Mungai came by with the reigning Miss Kenya.



Doris took all the 30 ladies through a session of meditating on and writing down what celebrating life means to them and why, though having gone through such a grueling time with cancer, they have chosen to celebrate each day. The fifteen service providers were also included in this reflective session which gave each person a chance to be grateful for



the gift of life.

We reluctantly had to wrap up the event at 6pm. The positive feedback from the participants as well as the service providers was overwhelming.



Twa Trust wishes to thank the days' sponsors, who gave their excellent services at no cost. These are:

1. Terry Mungai & Ashley's Hair and Beauty Academy
 2. Muthoni Njoba (Makeup)
 3. Mrs Mwiti (Forever Living)
 4. David Makuyu (Kipawa Music)
 5. Mike Mwiti (Gourmet Lynk)
 6. Nempiris Lesiit (Body of Hair)
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We would also like to thank the following for giving us their services at a very subsidized cost

1. Kenya Business Network
2. Studio Shutterspeed
3. GeoJoy Tents & Events
4. Deborah Wanjugu

In addition, we thank Mwendie, Waithera, Musyoki, Wagaki and Catherine for volunteering on the day.

To the thirty awesome ladies who made the day more colourful and fun, thank you for giving us the opportunity to celebrate you. Last, but not least, we are grateful to God for another minute to live and share life with friends.



Click on the link below to see more photos of the event:

<http://www.facebook.com/media/set/?set=a.588295537866707.1073741825.150606404968958&type=1>
