

# The Twa “Celebrate Life” event

February 2020



The first Celebrate Life event this decade was held at Lavington no.82. The weather was nice and warm and the set up took shape slowly as we all looked forward to the lovely day ahead.

We had 15 ladies invited who have either undergone treatment victoriously or are still in the process. The looks on their faces were priceless as they didn't know what to expect! We like to keep the details of the day as a surprise. Some thought it would be a seminar or talk only to walk in and find a setup that suggested otherwise.

With the help of the volunteers who give their time, and service providers who happily set up the various stations in readiness for our guests, we were ready to begin our days activities. We had a word of prayer to set us off and then shared a cup of tea.

Just as the event title suggests, we were out to celebrate each of the amazing women, some of whom had never had never had any pampering done on them, but were happy to relax and enjoy every moment.

The happy faces and laughter that followed spoke more than words and was evident in their smiles. We later had the ladies share their victory stories and journeys after which they each received a gift pack lovingly put together by the Twa Team.





The highlight of the day was seeing how all the ladies have made a choice to live a positive life despite all the challenges, the warmth towards one other as well as all who attended the event, and their willingness to help each other and be open to learn.

Another fun aspect was the “shopping” spree which was made possible by the kind and generous donation of some of our Angels. The donations consisted of gently used shoes, bags, clothes and jewelry. Each lady was able to select what she wanted and include it in her gift pack.



The day would not have been a success without our sponsors and volunteers who went out of their way to walk with us. We would like to thank Joyce of Ridgewood Kitchen & Caterers for the venue and the delicious food; Kinya Karimi for the amazing and colorful setup and décor; Staarab Lounges & Events for the beautiful furniture, Agnes and Jemimah for the crafts taught to the ladies, Lilly of Black Swan Media for the lovely moments captured on camera, the students from Ashleys Hair & Beauty Academy who glammed us all up and the volunteers who offered to spend their time with us.



One of the volunteers is a doctor who penned the following after the event...



This year's TWA Celebrate Life Event was particularly very special to my heart. It was an experience of a lifetime 💜💛💚

The most humbling, life changing and yet most uplifting experience so far in 2020. ✨

For the first time, I got to hear authentic cancer stories and realities from a patient's perspective. 😊

The anguish, the being sent around for tests, the wait for the results to come out, how we (medical practitioners) break the news to them, the confusion and despair that is engraved in their hearts upon receiving that diagnosis, the mental preparation done in overcoming that death ideology and the struggle to keep living, keep fighting each waking day no matter what, the high moments when their Hb blood levels go up, when they complete their therapy (chemotherapy, brachytherapy, radiotherapy) cycles and the excruciatingly low moments of loneliness, the physical and soulful weakness, mood swings, hair loss, rejection by family and society etc. 😞

I cried, I asked myself introspectively hard questions, I soaked it all in, I smiled and I laughed too. 😊

These cancer victors are LIFE in its entirety. Their willingness to live, their drive for self - preservation no matter what, their tenacity and love for life coupled with their true acceptance of defeat in their low moments without allowing this to define them is to be admired, respected and greatly celebrated!

From my heart,  
Dr. Lyndzie



#TWATrust  
#TwakutukuzaTrust  
#CelebrateLifeEvent  
#LiveOnPurpose  
#LifeViewedFromDifferentLenses